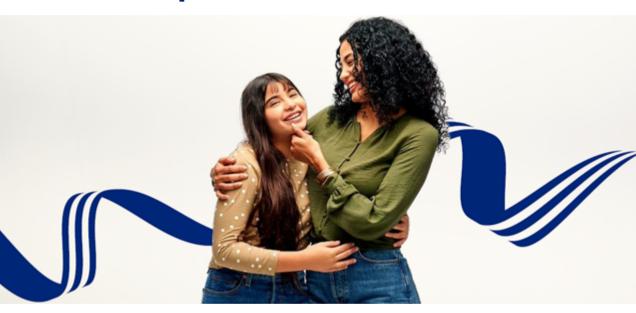




# **UnitedHealthcare Federal Programs Newsletter March 2024**



March is a month of colors, vibrancy, and many reasons to celebrate and educate. One of the topics this month that the UnitedHealthcare Federal Programs Team would like to focus on is Women's Empowerment. In honor of International Women's Day, celebrated on March 8th, we asked two of our team members about the most influential and inspirational women in their lives.



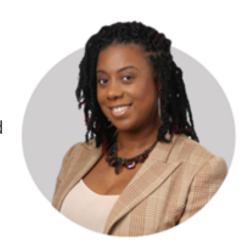
"There are SO many powerful women to celebrate this month, but if I had to pick one it would definitely be my mom. She is strong, beautiful, the most kind hearted, and she has shaped me into the woman I am today."



Mara Sandoval
Virtual Marketing Consultant
UnitedHealthcare Federal Programs

"One of my favorite woman is my cousin, Dominique, she was a quiet powerhouse who impacted the lives of those she met. She coached women from all ethnicities and social backgrounds. I am better because of her influence in my life."





## Check out some of our resources!



#### **March Wellness Sessions**

Join one of our complimentary wellness sessions this month of March, including webinars such as Mindfulness for Boosting Creativity, Kettlebells, Cooking Classes, and much more!

**Register Here** 



## **UnitedHealthcare Hearing**

World Hearing Day is celebrated in the month of March and with UnitedHealthcare Hearing you'll have access to savings on hearing aids of up to 50% off standard industry pricing from more than 7,000 hearing providers nationwide. Click below to learn more!

Learn more

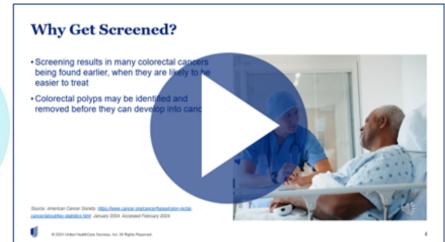
# **Clinical Corner with Nurse Amy**

Healthier by the Minute - Colorectal Cancer Screening

## Amy Hertog, BSN RN



**BSN RN** 



## **Sales and Outreach Team**



UnitedHealthcare Federal Programs Sales and Outreach Team is here to support you and your agency. Please click the chat icon below to reach out!

**Sales and Outreach Map** 



**FEHB Contact Sheet** 



# **March Trivia**

### The first day of Spring usually falls on what day in

- A. March 15th
- B. March 20th
- C. March 31st
- D. March 1st







This email was sent by UnitedHealthcare Federal Programs Team.

Please contact <a href="mailto:uhcfeds@uhc.com">uhcfeds@uhc.com</a> for questions.

