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UnitedHealthcare Federal Programs Newsletter

March 2024



March is a month of colors, vibrancy, and many reasons to celebrate and educate. One of the topics this month that the UnitedHealthcare Federal Programs Team would like to focus on is Women's Empowerment. In honor of International Women's Day, celebrated on March 8th, we asked two of our team members about the most influential and inspirational women in their lives.



“There are SO many powerful women to celebrate this month, but if I had to pick one it would definitely be my mom. She is strong, beautiful, the most kind hearted, and she has shaped me into the woman I am today.”



Mara Sandoval

Virtual Marketing Consultant
UnitedHealthcare Federal Programs

“One of my favorite woman is my cousin, Dominique, she was a quiet powerhouse who impacted the lives of those she met. She coached women from all ethnicities and social backgrounds. I am better because of her influence in my life.”



Nikita West

FEHB & FEDVIP Account Manager
UnitedHealthcare Federal Programs

Check out some of our resources!



March Wellness Sessions

Join one of our complimentary wellness sessions this month of March, including webinars such as Mindfulness for Boosting Creativity, Kettlebells, Cooking Classes, and much more!

[Register Here](#)



UnitedHealthcare Hearing

World Hearing Day is celebrated in the month of March and with UnitedHealthcare Hearing you'll have access to savings on hearing aids of up to 50% off standard industry pricing from more than 7,000 hearing providers nationwide. Click below to learn more!

[Learn more](#)

Clinical Corner with Nurse Amy

Healthier by the Minute – Colorectal Cancer Screening

Amy Hertog, BSN RN



Amy Hertog,
BSN RN

Why Get Screened?

- Screening results in many colorectal cancers being found earlier, when they are likely to be easier to treat
- Colorectal polyps may be identified and removed before they can develop into cancer

Source: American Cancer Society <https://www.cancer.org/cancer/colorectal-cancer/cancer-research-statistics/colorectal-cancer-research-statistics-2024.html> January 2024. Accessed February 2024.



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Sales and Outreach Team



UnitedHealthcare Federal Programs **Sales and Outreach Team** is here to support you and your agency. Please click the chat icon below to reach out!

Sales and Outreach Map



FEHB Contact Sheet



March Trivia

The first day of Spring usually falls on what day in

- A. March 15th
- B. March 20th
- C. March 31st
- D. March 1st



This email was sent by
UnitedHealthcare Federal Programs
Team.

Please contact uhcfeds@uhc.com
for questions.



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