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# UnitedHealthcare Federal Programs Newsletter September 2024



## Fall is here!

September marks the final month of Q3 which means we're starting to reflect back on the latest and greatest of your summer, and preparation for fourth quarter is in full swing. As Open Season quickly approaches, the UnitedHealthcare Federal Programs Team is looking forward to supporting you and your agency this Fall and Winter. Friendly reminder that **Open Season** runs from **November 11<sup>th</sup> – December 9<sup>th</sup>, 2024** for the 2025 benefit plan year. In the meantime, please don't hesitate to reach out to our team on how we can best support you the remainder of the year and as always please check out [uhcfeds.com](https://uhcfeds.com) to learn more.

## Additional Resources



### Postal Service Health Benefits Program

UnitedHealthcare's Choice Plus Primary Postal and Retiree Advantage offerings have been approved for the **PSHBP effective 1/1/25**. The **Postal Service Health Benefits (PSHB) Program** is a new, separate program within the Federal Employees Health Benefits (FEHB) Program, administered by the Office of Personnel Management (OPM) which will provide health insurance to eligible Postal Service employees, Postal Service annuitants, and their eligible family members starting in 2025. We look forward to supporting all postal employees and postal retirees this upcoming Open Season!



### Mental & Behavioral Health

September is recognized as National Suicide Prevention month which can be a very tough topic. UnitedHealthcare wants to provide the resources, connect to the community, and collaborate with others to address the public health problem that has impacted many. Please check out our on demand videos and resources.

[Learn More](#)



### September Wellness Sessions

Join one of our **complimentary** wellness sessions this month of September, including webinars such as Joint & Mobility, Quick Recipes, Summer Dinner Dates, Back to School Meals, Mindfulness and much more!

[Register Here](#)

# Clinical Corner with Nurse Amy

## Healthier by the Minute – Flu Prevention

Amy Hertog, BSN RN



**Amy Hertog,**  
BSN RN



## Sales and Outreach Team



UnitedHealthcare Federal Programs **Sales and Outreach Team** is here to support you and your agency. Please click the chat icon below to reach out!

**Sales and Outreach Map**

**FEHB Contact Sheet**



# September Trivia

In the Northern Hemisphere, which astronomical event typically occurs around September 22<sup>nd</sup> or 23<sup>rd</sup>?

- A. Summer solstice
- B. Autumnal equinox
- C. Winter solstice
- D. Spring equinox



This email was sent by  
UnitedHealthcare Federal Programs  
Team.

Please contact [uhcfeds@uhc.com](mailto:uhcfeds@uhc.com)  
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